PACKING LIST

PREP YOUR QUARANTINE GO-BAG

WHAT DO I NEED?
FACE COVERINGS
CLOTHES (14 DAYS WORTH)
TOILETRIES (TOOTHBRUSH, SOAP, SKINCARE, ETC)
THERMOMETER
MEDICATION (VITAMINS, DAILY MEDS, ETC.)
CHARGERS (COMPUTER, PHONE, ETC.)
SNACKS
EXTRA BLANKET OR PILLOW
THINGS TO DO (BOOK, GAMES, CARDS, ETC.)

WHY DO I NEED IT?
KEEPING YOUR CONTACT LIST SHORT IS ALWAYS THE SMARTEST WAY TO HELP STOP THE SPREAD, BUT SOMETIMES IT CAN HAPPEN UNEXPECTEDLY. KEEPING YOUR GO-BAG READY HELPS TO ENSURE THE EASIEST TRANSITION INTO AN ISOLATION SPACE AND HELPS YOU KNOW WHAT YOU NEED TO STOCK UP ON!

REMEMBER
TO HELP KEEP YOU SAFE AND NOT NEED THAT GO-BAG, REMEMBER THESE TIPS:
1. WEAR A FACE COVERING
2. SOCIAL DISTANCE (EVEN OUTSIDE!)
3. WASH YOUR HANDS OFTEN

BE READY JUST IN CASE! QUARANTINE GO-BAG!

Housing & Residential Education
THE UNIVERSITY OF UTAH